RECIPE BOOK







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NOTE:

1 cup corresponds to a cup of about 240 ml capacity! 1Tsp = 1 teaspoon, 1Tbsp = 1 tablespoon.

TIP: Always put the drip tray in the appliance to make cleaning easier.



GLAZED

HAM

for 6 people

Ingredients: 1.5 kg

1.5 kg ham, halved, boneless ½ cup pineapple juice brown sugar ½ cup mustard ½ tsp ground cloves

- 1. In a bowl mix pineapple juice, brown sugar, mustard and cloves in a sauce.
- 2. Insert the skewer into the middle of the two ham halves and secure with the forks.
- 3. Pour the sauce over the ham and allow to rest in the fridge for 2 hours.
- 4. Place the ham in the Power AirFryer Multi-Function.
- 5. Press the rotary grill button to begin cooking.
- 6. Allow to rest for 10 minutes before cutting.

STUFFED TURKEY BREAST WRAPPED IN BACON

STUFFED TURKEY BREAST

WRAPPED IN BACON

6 portions

Ingredients: 1 turkey breast, boneless

1 tsp salt

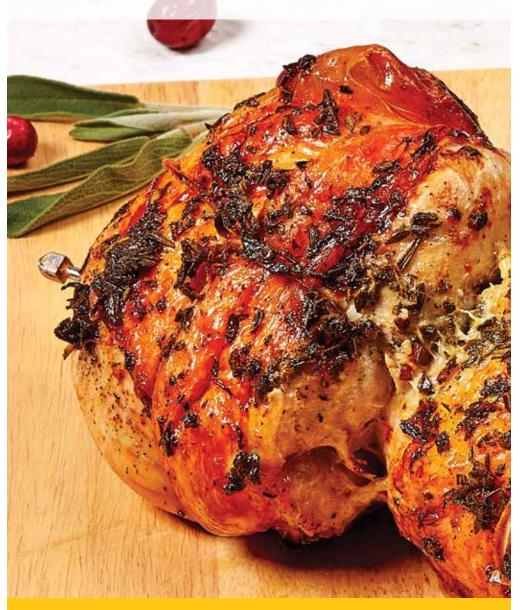
1 tsp ground black pepper roughly 350g bread stuffing, pre-baked

10 slices of bacon

- 1. Cut the turkey breast in the middle and fan it out.
- 2. Make a layer of bacon on baking paper.
- 3. Lay the fanned turkey breast on the bacon. Season with salt and pepper.
- 4. Use a spoon to spread the filling in the middle of the turkey breast. Then fold into a role.
- 5. Bind the roast together at the ends and in the middle.
- 6. Insert the skewer into the centre of the turkey breast. Tighten the forks using the locking screws and place the grill in the Power AirFryer Multi-Function.
- 7. Press the grill button and set the timer to 45 minutes.
- 8. The turkey is ready when the core temperature reaches 70°C.
- 9. Serve with fried asparagus.

TURKEY BREAST

IN HERB CRUST



TURKEY BREAST

IN HERB CRUST

for 6 people

Ingredients:

2 turkey breast pieces 2 small sprigs rosemary 4 small springs thyme

1 small sprig sage
4 cloves of garlic
1 tsp sea salt

1 tsp ground black pepper

3 tbsp olive oil

- 1. Chop all herbs and garlic and mix with olive oil.
- 2. Rub the turkey breast with the herb mixture and keep it cold for 1 hour.
- 3. Halve the turkey breast, place it on the skewer and secure with the forks.
- 4. Place the skewer in the Power AirFryer Multi-Function.
- 5. Press the rotary grilling button. Set the timer to 40 minutes to begin cooking.
- 6. The turkey breast is ready when the internal temperature reaches 70°C.
- 7. Allow to rest for 10 minutes before cutting.

LEG OF LAMB

WITH ROSEMARY AND LEMON

6 portions

Ingredients: 2 tbsp **lemon juice**

2 tbsp olive oil 1 tsp salt

1 tsp ground black pepper ½ cup fresh rosemary, chopped 2kg lamb leg, boneless

- 1. In a small bowl, mix lemon juice, olive oil, salt, pepper and rosemary.
- 2. Place lamb on the skewer.
- 3. Fix meat with a wire.
- 4. Place forks on the skewer to fix the lamb.
- 5. Marinate the lamb generously.
- 6. To start the grilling process, press the grilling button. Grill until the lamb reaches a core temperature of 63°C.

BRAZILIAN

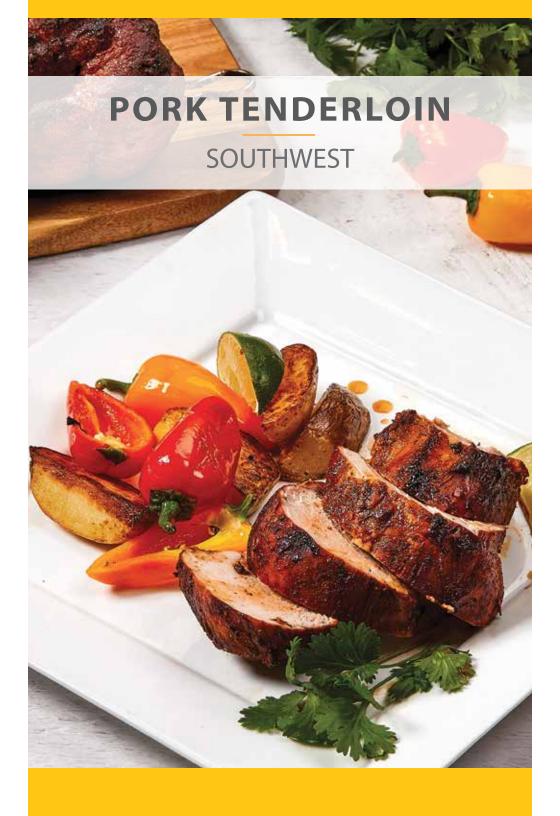
BBQ

for 6 people



Ingredients:		CHICKEN		PORK
	200g	chicken breasts	200g	of pork loin
		boneless, skinless		juice of 1 lemon
	½ cup	barbecue sauce	1 tsp	salt
			1 tsp	ground black pepper
		BEEF	½ cup	fresh rosemary, chopped
	200g	sirloin, boneless		
	1 tsp	salt		
	1 tsp	ground black pepper		
	1 tsp	garlic powder		
	1 tsp	onion powder		
	1 tsp	smoked paprika		

- 1. Spread the barbecue sauce on the chicken.
- 2. Skewer the chicken breasts on the skewers.
- 3. In a small bowl mix salt, pepper, garlic, onion and smoked paprika.
- 4. Sprinkle the spice mixture generously over the beef.
- 5. Skewer the beef.
- 6. Mix lemon juice, pepper, salt and rosemary in a small bowl.
- 7. Rub the pork generously with the herb mixture.
- 8. Skewer the pork.
- 9. Place the skewers in the skewer holder and place the different types of meat alternately.
- 10. Place the skewer holder in the Power AirFryer Multi-Function.
- 11. Press the rotary grill button to begin cooking.



PORK TENDERLOIN

SOUTHWEST

for 4 people

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Ingredients:

2 pork tenderloin

1 tbsp of spiced paprika

½ tbsp cumin
½ tbsp coriander
2 tbsp sriracha sauce
½ tbsp sea salt
3 tbsp brown sugar
3 tbsp lime juice

2 cloves of garlic, chopped

- 1. Mix all ingredients of the marinade in a bowl.
- 2. Put the tenderloins in the marinade and marinate in the refrigerator for 2 hours.
- 3. Put the tenderloins on the skewer. Bind the pork tenderloins with butcher's twine. Secure with the forks.
- 4. Place the pork in the Power AirFryer Multi-Function.
- 5. Press the rotary grill button to begin cooking.
- 6. Grill until the internal temperature is 70°C.
- 7. Allow to rest before cutting.





GRILLEDBRATWURST

6-8 servings

Ingredients: 15 spicey Italian sausages

baby peppers

- 1. Skewer 5 of the sausages together on a skewer.
- 2. Attach the skewer to the skewer holder.
- 3. Push a second skewer through the sausages to fix the meat. Put on the skewer holder.
- 4. Repeat twice with the remaining sausages.
- 5. Finally, put the baby peppers on a skewer and put them on the holder.
- 6. Press the grill button and set the cooking time to 20 minutes.
- 7. Grill until the sausage reaches a core temperature of 75°C.



GRILLEDBBQ SPARE RIBS

4 portions

Ingredients: 1.5 kg ribs, boneless
1 tsp garlic powder
1 tsp onion powder
1 tsp sea salt
1 tsp coriander
1 tsp caraway
1 tsp paprika

1 tsp ground black pepper

34 cup BBQ sauce

- 1. Mix spices in a bowl.
- 2. Rub the ribs with the spices.
- 3. Assemble the skewer holder as per the instructions.
- 4. Push two skewers through the ribs and fix in the skewer holder.
- 5. Put the skewer holder with the ribs in the Power AirFryer Multi-Function.
- 6. Start the baking program and increase the cooking time to 60 minutes.
- 7. After the duration, sprinkle the ribs with the BBQ sauce.
- 8. Return the ribs to the Power AirFryer Multi-Function and press the rotary grill button.
- 9. At the end of the program divide the ribs and serve.



CHICKEN CORNWALL STYLE

2 portions

Ingredients: 1 tsp salt

1 tsp ground black pepper 1 tsp garlic powder

sprig rosemary, chopped small chicken, ready to cook

- 1. Mix salt, pepper, garlic powder and rosemary in a small bowl.
- 2. Generously rub the chicken with the spices and herbs.
- Put the chicken on the skewer and fix with the forks.
- 4. Lay wings and secure with wire to maintain the shape.
- 5. Tie up the thighs.
- 6. Start the grill program by pressing the grill button and increase the time to 35 minutes.
- 7. The chickens are finished when the core temperature reaches 70° C.

SOUFLAKI

CHICKEN

for 8 persons

Ingredients: ¼ cup olive oil

2 tbsp lemon juice

1 tsp salt

1 tsp ground black pepper

1 tsp oregano

8 chicken breasts, boneless and skinless

Preparation: 1. Mix all

1. Mix all ingredients in a closable freezer bag.

2. Allow to marinate for 20 minutes.

3. Fold each breast in half. Put the meat on the skewer.

4. Secure with the forks.

5. Press the rotary grilling button. Set the time to 25 minutes to start cooking. Roast until the chicken has reached an internal temperature of 75° C.

BARBACUE

CHICKEN

for 4 people

Ingredients: 2kg chicken, whole

1 tsp garlic powder 1 tsp onion powder 1 tsp sea salt

1 tsp ground black pepper

1 tsp paprika

- 1. Mix all the spices in a small bowl and rub into the chicken.
- 2. Twist the chicken legs together, tie the breast area together and wrap a third string around the thighs.
- 3. Slide the skewer through the opening of the chicken and secure it with the forks.
- 4. Place the chicken in the Power AirFryer Multi-Function.
- 5. Press the rotary grilling button. Set the timer to 45 minutes to begin cooking.
- 6. Allow the chicken to rest for 10-15 minutes before serving.



PORK ROAST



BOURBON ROTISSERIE

PORK ROAST

for 6 people

Ingredients: ½ cup

½ cupbrown sugar1orange, peeled2 tbsporange juice¼ cupbourbon½ tspsalt

honey

½ tsp ground black pepper

2kg pork roast

- 1. In a small bowl, combine cornstarch, salt and pepper.
- 2. Put the pork roast on the skewer and fix with the forks.
- 3. Generously brush the marinade over the pork. Set aside the remaining marinade. Place the skewer in the appliance.
- 4. Press the rotary grilling button. Increase the cooking time to 45 minutes.
- 5. Brush with the marinade every 15 minutes.
- 6. The roast is finished when it reaches an internal temperature of 70°C.
- 7. Allow pork roast to rest for 15 minutes before carving.



ROSEMARY GARLIC

RACK OF LAMB



ROSEMARY GARLIC

RACK OF LAMB

for 4 people

Ingredients: 2 (1.2kg in total) lamb loins

3 small sprigs rosemary

4 cloves of garlic, peeled 2 tbsp dijon mustard

1 tsp sea salt

½ tsp ground black pepper

Preparation:

- 1. Chop rosemary and garlic.
- 2. Assemble the skewer holder. Push a skewer through the meat close to the bone. Repeat this with the other skewers.
- 3. Place each skewer in the skewer holder. Tie the skewers together at both ends and in the middle using twine.
- 4. Rub the lamb with mustard. Spread the herb mixture on the rack of lamb. Season with salt and pepper.
- 5. Place the lamb in the Power AirFryer Multi-Function.
- 6. Press the rotary grilling button. Set the preparation time to 15 minutes to begin cooking.
- 7. Braise until the desired internal temperature is reached:

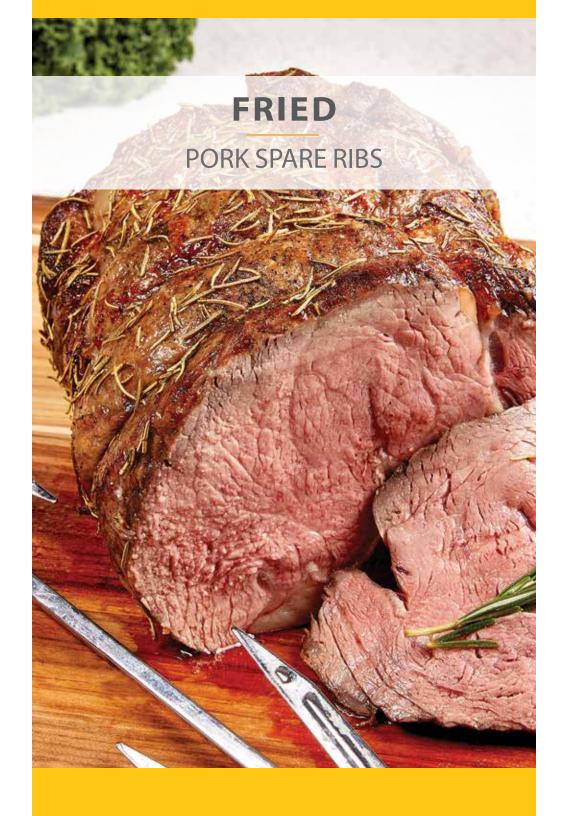
50°C-bloody

60°C-pink

65 ° C - semi-pink

75°C-through.

8. Allow to rest for 10 minutes before carving.



FRIED

PORK SPARE RIBS

for 6 people

Ingredients: 1 tsp garlic powder

1 tsp onion powder

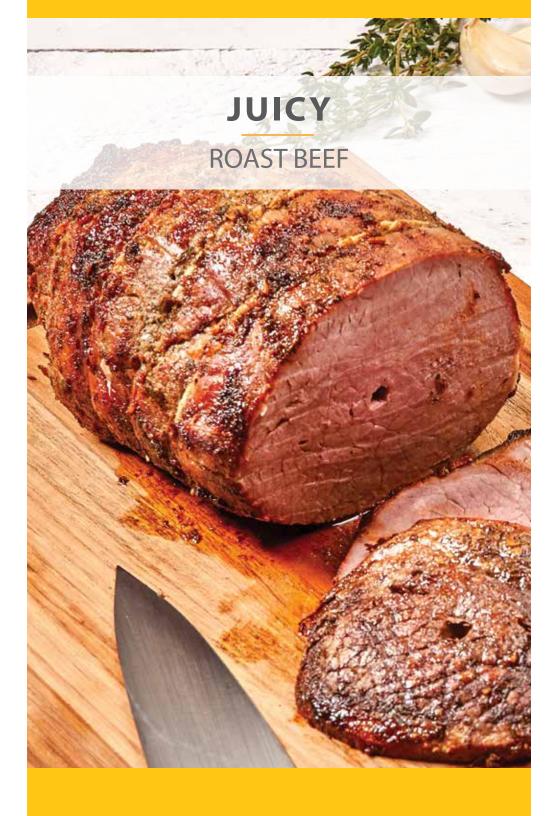
1 tsp smoked paprika powder

1 tbsp dried rosemary

½ tsp salt

½ tsp ground black pepper 2kg pork ribs, boneless

- 1. In a small bowl mix spices and herbs.
- 2. Rub pork ribs with the spice and herb mixture.
- 3. Put the ribs on the skewer and fix with the forks.
- 4. Press the rotary grilling button. Increase the cooking time to 45 minutes to start cooking. The appliance starts automatically. Braise until it has reached an internal temperature of 60° C.



JUICYROAST BEEF

4 portions

Ingredients:

1kg **of roast beef** 3 **cloves of garlic**

2 sprigs thyme

½ tbsp salt

1 tbsponion powder1 tspgrated fennel½ tspground black pepper

2 tbsp olive oil

Preparation:

- 1. Finely chop thyme and garlic. Mix herbs and spices with olive oil.
- 2. Rub roast with herb mixture and chill for one hour.
- 3. Push the skewer through the middle of the roast and fix with the forks.
- 4. Place the roast in the Power AirFryer Multi-Function.
- 5. Press the grill button and set the cooking time to 45 minutes.
- 6. Grill up to the desired core temperature:

50°C-bloody

60°C-pink

65°C - semi-pink

75°C - through.

7. Allow to rest for 10 minutes before serving.



ITALIANBEEF ROLL

for 6 people

Ingredients: 700g flank steak (thinned), buttered

½ cup basil pesto250g provolone, sliced3 roasted red peppers

1 tsp sea salt

1 tsp ground black pepper

Preparation:

- 1. Place the flank steak on a chopping board and spread the pesto on top.
- 2. Now layer the cheese and the roasted peppers on top.
- 3. Roll the meat together and tie it with a string about five times together.
- 4. Season with salt and pepper.
- Slide the skewer into the middle of the roast and secure the roast with the forks.
- 6. Place the roast in the Power AirFryer Multi-Function.
- 7. Press the rotary grill button to begin cooking.
- 8. Braise, until the desired internal temperature has been reached:

50°C - bloody

60°C - pink

65°C - semi-pink

75°C - through.

9. Allow to rest for 10 minutes before carving.

LAMB SKEWER

for 4 people

Ingredients: 500g lamb, diced

small red onions, quartered
 courgettes, cut into large pieces

8 sweet mini peppers

MARINADE

¼ cup olive oil

uice of 1 lemon cloves of garlic, chopped

1 tsp salt

½ tsp ground black pepper ½ cup fresh mint, finely chopped

- On each skewer, push a piece of lamb, a quarter of red onion, a second piece of lamb, a piece of courgette, a last piece of lamb and a mini pepper.
- 2. Repeat this for 8 skewers.
- 3. Place the skewers on the skewer holder.
- 4. Stir in a small bowl of olive oil, lemon juice, garlic, salt, pepper and mint.
- 5. Paint the marinade over the skewers.
- 6. Put the skewers in the appliance.
- 7. Press the rotary grilling button. Set the cooking time to 20 minutes to begin cooking.

PRAWN

SKEWER

for 4 people

Ingredients: about 500 g (16-20) prawns, peeled and deboned

yellow pumpkins cut into pieces
 courgettes, cut into large pieces

8 cherry tomatoes ½ cup sweet chilli sauce

- I. Put prawn, pumpkin and courgette pieces alternately on each skewer.
- 2. Repeat for 8 skewers.
- 3. Place the skewers on the skewer holder.
- 4. Brush the skewers with the sweet chilli sauce.
- 5. Press the rotary grilling button. Set the cooking time to 15 minutes to begin cooking.

BEEF SHASHLIK

for 4 people

Ingredients: 500g beef eye of round, diced

small red onions, quarteredcourgettes, cut into thick slices

8 sweet mini peppers

¼ cupolive oil2 tbspsoy sauce1 tbspdijon mustard2 tbspof red wine vinegar4cloves of garlic, chopped½ tspground black pepper

- . Put the skewers together. Skewer a piece of beef, then a quarter of red onion, another piece of beef, a piece of courgette, a last piece of beef and a mini pepper.
- 2. Repeat this by using all the ingredients until you finish 8 skewers.
- 3. Place the skewers on the skewer holder.
- 4. Stir in a small bowl of oil, soy sauce, Dijon mustard, vinegar, garlic and pepper.
- 5. Paint the marinade over the skewers.
- 6. Press the rotary grilling button. Increase the cooking time to 20 minutes. The appliance will start automatically after a short time.

BURNT

NUTS

for 8 persons

Ingredients: 1 cup raw cashews

1 cup raw almonds 1 cup raw peanuts

½ cup sugar more for the coating

½ cup honey
½ tsp cinnamon
½ tsp salt

- 1. Mix all ingredients in a bowl and mix thoroughly.
- 2. Fill the nuts into the swivel basket.
- Start the chops program and set the cooking time to 15 minutes. Press the rotary grill button to start cooking.
- 4. Sprinkle the nuts on a baking tray sprinkled with icing sugar.
- Allow to cool.
- 6. Sprinkle with icing sugar to taste.

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